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# HALLOWEEN HUNT 5 MILES

**Saturday, October 29, 2011**

## **Part of the 33rd Annual Tennessee State Park Running Tour LONG HUNTER STATE PARK, 2910 Hobson Pike, Hermitage TN.**

**Directions:** On Highway 171 at Percy Priest Lake between LaVergne and Mt Juliet. From Nashville, take either I-40 East to Mt Juliet exit 226 and go South 7 miles, or alternate take I-24 to Old Hickory Blvd exit 62 and go East for 7 miles. Turn to Couchville Lake picnic shelter (1 mile). Park information (Vicky) at 885-2422.

### **Halloween Costume Contest**

**\$100, \$25, and \$10 to best costumes among finishers**

**Start and Finish:** at the picnic shelter parking lot. The race starts at 11:00 a.m. central time.

**Course:** goes out and back one quarter mile, then loops Couchville Lake twice. Water at miles 1 and 3.

**Awards:** Five-year age groups with 5 awards in each category from 15 to 70+. Special awards to Open, Masters (40+), Grand Master (50+) and Senior Grand Masters (60+) winners.

**Award ceremony** with refreshments at 12:30 p.m.

**Long Sleeve Technical Shirt:** size guaranteed to all runners who register by noon on Friday, Oct 21.

**Register online at *RacesOnLine.com*** for additional \$3 until Thursday, October 27.

**Pre-registration deadline:** October 22, 2011. **Race day** registration from 9:30 to 10:45.

**Entry Fees:** \$19.00 payable to Halloween Hunt or \$6.00 without shirt. **Late fee** without T-shirt \$13.00.

**Race director:** Tomas de Paulis (615-390-6977). [Lntdp@earthlink.net](mailto:Lntdp@earthlink.net).

Mail registration to: **Halloween Hunt, 205 Woodland Ct, Hermitage, TN 37076**

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**Registration Halloween Hunt** Name\_\_\_\_\_

Address\_\_\_\_\_City\_\_\_\_\_Zip\_\_\_\_\_

E-mail (or else, phone) \_\_\_\_\_

Age (on race day)\_\_\_\_\_ Sex \_\_\_\_\_ T-shirt Size (circle) Y S M L XL XXL No shirt

*Entry fees are non-refundable. Awards and shirts will not be mailed.*

**Waiver of Liability.** By entering this race, I, for myself, my heirs and executors, waive and release forever any and all rights and claims for damages I may have against the Tennessee Department of Environment and Conservation, RRCA or the Frostbite Running Club. I also release the above named for all claims of damages, demands, and actions in any manner due to any personal injuries, property damage, or death sustained as a result of my traveling to and from and my participation in said race. I attest and verify that I am physically fit and have sufficiently trained for the competition in the 2011 Long Hunter State Park Halloween Hunt.

Signature\_\_\_\_\_

(Parent signature for runners under the age of 18)

Date\_\_\_\_\_

[Link to Registration Forms](#)